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## Humble Yourself

### Philippians 2:8

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#### “30 bucks!”

**I**t's vacation time for Jack's family. In order to get the family minivan ready for the road trip, they have to rent a car while the minivan is being repaired. It's close-of-business Wednesday, and Jack and Susan are on their way home from the repair shop, “Well, that's 30 more bucks we'd have to put out,” grumbles Jack.

“What do you mean by that?” asks Susan.

“You told me the service guy told you that Thursday is the best day to bring it in,” explains Jack. “So I went on what you told me, and rented this car today. Well, guess what? I just found out they're all booked up Thursday and can't get it in until Friday. Now we have to pay for another day of rental!”

“So, Jack, why did you leave the car there? We could have gone to another shop!”

Jack knows that she is right, but he's too proud to go back and get the car to take it to another shop.

#### Reflection

Daily, especially if we live with a spouse and/or children, we are constantly given a number of occasions in which we have a split-second opportunity to either demonstrate true humility or “fire one back.” God has granted us the ability to discern our motives in the many conversations we have. The issue is making the decision to humble ourselves rather than insisting on our own way. We must simply humble ourselves.

#### Accountability and Application

What could he have said to avoid this argument?

Would members of your family say that you sometime, demonstrate Jack's attitude?

Which arguments in your home could be avoided if your responses weren't motivated by an “I'm right, and you're wrong” attitude?

For the next 24 hours, try to keep count of the number of times you have the opportunity to start an argument. Take note of your response options.

**Prayer:** *Lord thank you that we have the example of Christ who humbled himself. Even when opponents beat him and spit on him, he didn't strike back. Lord, teach me how to humble myself like that. I need your Holy Spirit to empower me to humble myself.*

### Philippians 2:8

*8And being found in appearance as a man,  
he humbled himself  
and became obedient to death—  
even death on a cross!*