

# Week 9 : Imitate Christ, Christian Mens Breakfast

The Christian Mens Breakfast group meets this Saturday and (almost) every other Saturday at a local restaurant in Davie, FL. Call Tom Truex, or use the CONTACT tab at K-Line.ORG to get more information.

**Week 9** : our discussion will focus on the Chapters listed below, from *The Imitation of Christ*, by Thomas à Kempis.[1. The dates listed are the dates the chapters were posted online, which also corresponds to the suggested reading plan in the study guide.]

**All items listed below are online at [ImitateChrist.ORG](http://ImitateChrist.ORG):**

1. Book 1 , Chapter 20 : The Love of Solitude and Silence (February 27, 2012)
2. Book 1 , Chapter 21 : Sorrow of Heart (March 2, 2012)

**Also Posted this Week at [ImitateChrist.ORG](http://ImitateChrist.ORG):**

1. Challoner's Reflections[2. Right Rev. R. Challoner, D.D., V.A., *Imitation of Christ*, Dublin: McGlashan and Gill, 1873 ] on *The Imitation of Christ* for each of the above chapters.

**Discussion Notes:[1. References to days are from the *Imitate Christ Study Guide*]**

1. In *The Little Kempis*, the author mentions *Dilige Solitudinem* – "Love Solitude." How important is solitude, and where do you find it? (Day 57)
2. In Chapter 20 of *The Imitation of Christ*, Kempis suggests that spending too much time with other people may be harmful. Do you agree? (Day 58)
3. In Chapter 21, Kempis cautions: "...live in the fear of the Lord, do not look for too much freedom, discipline

*your senses, and shun inane silliness.*" Isn't this advice completely contrary to what popular culture teaches? (Day 61)

4. Kempis wrote in chapter 21, "*I do not doubt that you would correct yourself more earnestly if you would think more of an early death than of a long life.*" If you knew you had only a short time left in this life, would you make more of an effort to improve your spiritual life? (Day 61)

Footnotes: