

# Week 8 : Imitate Christ, Christian Mens Breakfast

The Christian Mens Breakfast group meets this Saturday and (almost) every other Saturday at a local restaurant in Davie, FL. Call Tom Truex, or use the CONTACT tab at K-Line.ORG to get more information.

**Week 8 :** our discussion will focus on the Chapters listed below, from *The Imitation of Christ*, by Thomas à Kempis.[1. The dates listed are the dates the chapters were posted online, which also corresponds to the suggested reading plan in the study guide.]

**All items listed below are online at [ImitateChrist.ORG](http://ImitateChrist.ORG):**

1. Book 1 , Chapter 18 : The Example Set Us by the Holy Fathers (February 20, 2012)
2. Book 1 , Chapter 19 : The Practices of a Good Religious (February 23, 2012)

**Also Posted this Week at [ImitateChrist.ORG](http://ImitateChrist.ORG):**

1. Challoner's Reflections[2. Right Rev. R. Challoner, D.D., V.A., *Imitation of Christ*, Dublin: McGlashan and Gill, 1873 ] on *The Imitation of Christ* for each of the above chapters.

**Discussion Notes:[1. References to days are from the *Imitate Christ Study Guide*]**

1. What sacrifices do you make for God? What are some of the greatest sacrifices you have EVER made for God? How do these sacrifices compare, in number and magnitude, to the sacrifices of the great Christians who preceded us? (Day 51)
2. How is your "inner life" as a Christian? Do your private thoughts and attitudes reflect well on one who is

seeking to imitate Christ? (Day 52)

3. In chapter 19, Kempis recommends private devotions in addition to public prayer. However, both are important. Private devotions may be different for each individual, and may change according to one's circumstances. How does this advice match up to your personal practices of private devotion? (Day 54)
4. Kempis wrote in *Instructions for Religious* about the importance of solitude in our times of prayer and devotion. Do you agree? Is there anything in the life of Christ which suggests the importance of solitude to those who seek to imitate Christ? (Day 55)

Footnotes: